

# GOING BEYOND GREEN TO BE CLEAN



According to the Centers for Disease Control and Prevention, keeping hands clean through improved hand hygiene is one of the most important steps we can take to avoid getting sick and spreading germs to others.

## Keep Germs Away on St. Patrick's Day and Every Day!

St. Patrick's Day is a good time to remind everyone to keep their hands clean. There are sure to be lots of green foods and festivities, so it will be easy to remind others about good hand hygiene. Whether you are a parent, teacher, childcare professional, health educator, family and consumer science professional or school nurse—we can all do our part to help others remember the importance of clean hands. While talking to others about the important connection between good hygiene and good health, encourage them to complete our coloring sheet and put it on display for all to see! Don't forget to scan a copy and send it to [education@cleaninginstitute.org](mailto:education@cleaninginstitute.org) so that we can add it to our artwork gallery on [www.cleaninginstitute.org](http://www.cleaninginstitute.org).

## When should you wash your hands?



When preparing food



Before snacks and meals



After using the restroom



After touching animals



When hands are dirty



When you or someone around you is ill



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